

## **SIERRA FOOTHILLS CYCLING CLUB RIDE ROSTER**

Name of Ride: \_\_\_\_\_ Start City: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Start Address/Location: \_\_\_\_\_

Ride Leader: \_\_\_\_\_ Co-Ride Leader: \_\_\_\_\_

Long Ride Miles: \_\_\_\_\_ Feet: \_\_\_\_\_

Short Ride Miles \_\_\_\_\_ Feet: \_\_\_\_\_

Terrain: Rolling \_\_\_\_\_ Hilly \_\_\_\_\_ Severe \_\_\_\_\_

Ride pace: Casual \_\_\_\_\_ Moderate \_\_\_\_\_ Training \_\_\_\_\_ Offroad \_\_\_\_\_

**Please do not sign this roster if you do not have a helmet!**

### **HELMETS ARE MANDATORY ON ALL RIDES**

Waiver: IN SIGNING THIS FORM I HEREBY MAKE IT KNOWN TO WHOMEVER IT MAY CONCERN THAT I HOLD BLAMELESS IN CASE OF ACCIDENT, INJURY, MISADVENTURE OR DAMAGE OF ANY KIND AND ALL KINDS, THE **Sierra Foothills Cycling Club**, BICYCLE RIDERS AND ANY PARTY OR PARTIES CONNECTED WITH THIS EVENT IN ANY MANNER WHATSOEVER. I RECOGNIZE MY PERSONAL RESPONSIBILITY TO OBEY ALL TRAFFIC LAWS AND TO CONDUCT MYSELF IN A MANNER THAT WILL REFLECT FAVORABLY ON ORGANIZED BICYCLING.

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